

LAKER ERG RACE

SCHEDULE OF EVENTS for Sunday, March 14th

1:00pm *open and lightweights will row together within their age group*

Women 70 and older

Women 60-69

Women 50-59

1:15pm *open and lightweights will row together within their age group*

Women 40-49

Women 30-39

Women Coxswain

1:30pm *open and lightweights will row together within their age group*

Men 70 and older

Men 60-69

Men 50-59

1:45pm *open and lightweights will row together within their age group*

Men 40-49

Men 30-39

Men Coxswain

2:00pm

Women Open

Women Lightweight

2:15pm

Men Open

Men Lightweight

2:45pm

Team Relay Race

PLEASE NOTE

Depending on turnout within each category, some of them may be combined. If that is the case, rest assured you will have ample time to warm up.